

phone 9687 1560 fax 9687 1166  
114 blackwood street yarraville 3013  
monday to thursday 9am - 5pm friday 9am - 4pm  
web www.ycc.net.au email yarracc@ycc.net.au

## yarraville community centre on the park 2008

### Caring For Our Water & Solar Hot Water

Thursday 15 May 7-8.30pm

Water efficient products, household water audits, reducing household water consumption, stormwater & sewerage. Solar Hot Water covers new technology, sizing & installation requirements, state rebate information.  
Cost Free

### Family History

Wednesday 7 May 6.30-8.30pm 4 sessions

Methods used to access and research records to obtain the information you need, and learn how to preserve documents and photos for prosperity. Bring a note book and pen. Other materials will be provided.  
Find out more at the FREE info session Wednesday 23 April 6.30-8.30pm  
Cost \$50 con \$45

### Food Safety Training.

A Nationally Accredited Certificate course for those who are working in or pursuing a career in hospitality or community health areas.

Food Safety Training - Level 1 Friday 16 May 7 9.00am-1.00pm 1 session

This course is for people working (or looking for work) in food businesses in the hospitality and health industries. THHGHSO1B - Hospitality HLTF57A - Health  
Cost \$95

Food Safety Training - Level 2 1 session Friday 16 May 1.30pm-5.30pm

Designed for the Food Safety Supervisor, Level 1 training is a pre-requisite.

THHBCC11B - Hospitality HLTF510A - Health

Cost \$115

### English Classes

If you would like to learn English, or improve your reading and writing skills, there are classes available all across the City of Maribyrnong. There are different levels to suit your needs. Classes are held in Yarraville, Braybrook, Maribyrnong, West Footscray and Footscray. Entry to these classes is by interview. Ph 9687 1560 to arrange an interview

### Language. Literacy and Numeracy Program

If you are registered with centrelink you may be eligible for free classes. Improve your skills and confidence in English, reading, writing, everyday maths and computers to help you gain employment. To register for this program please contact your Centrelink or job network provider

### AMEP

The Adult Migrant English Program is a Government funded program that provides 510 hours of free English classes to assist you to read, write, speak and understand English. To find out if you are eligible for these classes ring the centre on 9687 1560 for an interview.

### Healthy Eating West Region Health Centre

Monday 12 May 1.30-2.30pm

Cost Gold coin donation

### Yarraville Community Centre Book club

Meetings The 2<sup>nd</sup> Thursday on the month

Starts at 7.30pm at Aqua Vino, Wine Bar, in Yarraville

### Read and discuss the latest books

All enquiries call 9687 1560

### The Yarraville Festival Committee

Enquiries l yarravillefestival@hotmail.com

### Schamozzle Pre School Drama Workshops

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School term dates

Ages 4-6

Cost \$12 per session

(payable per term)

[www.schamozzle.com.au](http://www.schamozzle.com.au)

Ph 0416 104 947

### Love To Dance School Of Ballet

Ring Amba on 0405 767 494

### Friends of Stony Creek 1st Monday of

the Month Contact Valerie Noye 9314 3341

### Pilates

Wednesday 30<sup>th</sup> April

Beginners 6.15pm -7.15pm 8 sessions

Intermediate 7.30pm - 8.30pm 8 sessions

Pilates is a physical class working on core strength, balance coordination and controlled movement. Using mat work this popular exercise programme helps ease back pain and abdominal strengthening and trimming. Please bring a towel to all classes Casuals must phone the Centre to book a particular session

Cost \$80 con \$70 Casual \$14

### Tai Chi

Monday 21 April 6.00pm-7.00pm 8 sessions

Tai Chi practices the form of slow movements resulting in tranquillity and a soothing effect on the body and mind. These classes aim to seek stillness in movement. When movements are slow the breathing can then be fine, long, calm and slow. The class will take place in the peaceful park outside our centre at 114 Blackwood St, Yarraville.

Cost: \$108 con \$98

### Yoga

Tuesday 15 April 10 sessions

Beginners 6.15pm-7.45pm

Intermediate 7.45pm-9.15pm

Some along to yoga classes where relaxation, body awareness and peace of mind are the main focus. Yoga is influential in returning the body to a balanced and healthy state. Casuals must phone the Centre to book a particular session.

Cost \$99 con \$89 Casual \$14

### Guided Meditation

Beginners

Monday 21 April 7.00pm-8.00pm 8 sessions

Intermediate

Wednesday 23 April 7.00pm-8.00pm 8 sessions

(Intermediate students must have completed at least one term of Beginners Meditation). Bring some peace into your life in this eight week course of guided meditations. Each session in this course begins with physical relaxation which is then followed by one guided meditation. Wear comfortable clothing.

Cost \$80 con \$70

### Life Drawing

Tuesday 29 April 6.30pm-8.30pm 6 sessions

This is the season to practice the art of drawing real life. A life model is present at each class. Here you will be able to draw the figure from life. Work at your own pace in a friendly supervised atmosphere. Bring your own crayons, charcoal, pencils and paper.

Cost \$115 Con \$98

### Wine Appreciation

Thursday 1 May 8.00pm-9.30pm 6 sessions

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Just what you have been looking for! Join this fun group for an introductory course to wine appreciation. Learn how to tell the difference between a good wine and a bad wine and how to match the right wine with the right food. This course covers a range of wines, their characteristics and the impact of different varieties, wine regions and wine making technologies, find answers to those questions you have always wanted to ask. You will be provided with 6 wine tasting glasses.

Cost \$123 Con \$107

### Beginners Sewing

Thursday 1 May 6.30-8.30pm 8 sessions

Learn basic sewing techniques such as how to place a pattern, cut it out and sew to fit. Bring your own basic pattern; scissors, and machine, material can be purchased after the first session.

Cost \$125 Con \$115

### One Day Workshops

#### Making Traditional Baklava

Wednesday 7<sup>th</sup> May 6.30-9pm 1 session

Learn how easy it is to make traditional Baklava. In this workshop you will learn to make two different variations of this traditional sweet. Demonstration will include recipes and tastings.

Cost \$32 Con \$27

#### Create a BAG

Saturday 24 May 11.00am-3.30pm 1 session

In this workshop have fun exploring your creative side using decorative techniques and a range of materials. You will also learn to cover buttons and stencilling techniques. Bring along sewing machine, dressmaker scissors and your imagination.

Cost \$36 Con \$31 plus materials \$15

### Not Just Strictly Ballroom! Tutor Bill and Sandra Tepper

Mondays 7 April 7.30pm-9.30pm 11 sessions

Argentine Tango, Waltz, Tango and Quick Step. An easy atmosphere where before you know it m c i D V Y X U b W ] b [ ] \_ Y U d f c Z Y g g ] c b U Cost \$3

### Adult Guitar- Beginners T utor Alex Terhorst

Wednesday 23 April 8.00pm-9.00pm 8 Sessions

Time to give up the air guitar and take up the real thing! An introductory music course that encourages all people to enjoy basic playing skills and sample different styles of modern music, such as rock, pop, folk, blues and country. Students must have their own guitar. Bring a notebook + pen. 15 years and up.

Cost \$78 con \$65 (small class size)

### Toddler and Pre-School Moves

Monday 14 April 9 sessions

10.00am-10.45am for ages 18mths to 2.5 years

11.00am-11.45am for ages 3 to 5 years

Experience the joy of playing, moving and creating with your toddler using music ranging from Mozart to modern and exploring with soft and fascinating props. This class allows you both to social abilities. Be prepared to participate in activities with your child as, Howard, the tutor, who is a performer and a creative dance teacher, leads you through the class. An exhilarating session for both child and parent!

Cost \$72 max 12

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### Building Musicality in Your Children

Tuesday 6 May 7.00-8.30pm 6 sessions

A class for parents or grandparents of babies and young children, to teach you how to build a ` c j Y ` c Z ` a i g ] W ` U b X ` Z c i b X U h ] c b ` g \_ ] ` ` g " ` ` B c ` ` M c i Cost \$65 con \$58

### Art Programs for People with a Disability

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### Moving On

Monday 14 April 12.30pm-2.30pm 9 Sessions

Creative Movement for people with a disability. Howard conducts Moving On as a manic conductor would his orchestra. Using music through the ages up to modern day classics participants will increase their movement and self esteem. This course offers innovative ways to get moving through individual and group work. A very popular tutor and class. Book Early!

Cost \$25

### Cooking in the Kitchen and Visual Arts.

Tuesday 8 April 10.00am-2.00pm 12 sessions

Cooking and Art for people with disabilities. This two part program gives participants a practical, sensory, hands-on opportunity in creating scrumptious, healthy meals in the kitchen. The second half of the session includes sketching, painting and visual arts.  
Cost \$50

### Arts Smorgasboard

Wednesday 16 April 10.00am-12.00pm 9 sessions

Performance making for people with disabilities. This program is a smorgasbord of artistic experiences ranging from drama, mask making, decorative face painting, puppetry, music, g c b [ ` U b X ` X U b W Y " ` 7 ` ] Y b h g ` h Y ` ` i g ` h \ U h ` h \ Y m ` i ` ` c X ] Z Z Y f Y b h ` U f h ` Z c f a g D " ` 5 ` j Y f m ` d c d i ` U f ` W ` U g g " ` 6 c Cost \$25

### Community Choir

Thursday 10 April 1.00pm-2.30pm 12 sessions

Singing for people with a disability. Learn simple songs. No singing experience is required. Free your voice and your soul!  
Cost FREE

### First Aid Accredited Courses

Level 1 21592VIC Workplace First Aid Saturday 17 May 8am-5pm

This introduction to First Aid will enable participants to administer life threatening aids, give medical assistance and use effective First Aid before the arrival of an ambulance.

Level 2 21593VIC Workplace First Aid Sunday 18 May 8am-5pm

This course will cover sports and recreational first aid. Suitable for the home and work place. Designed to cover competencies required by State Government and other statutory bodies. A prerequisite of Lev 1 required.

Cost Lev 1 \$100

Lev 1 & 2 \$195

**Enrolment Form**

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Do you have a disability? Yes 0 No 0  
What Type?  
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Do you have a concession card? Yes 0 No 0

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If you are enrolled in a Government funded course you will be asked to provide more detailed enrolment information

I would like to enroll in the following courses

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The total I am paying is \$.....

Cash 0 EFT 0 Credit card 0

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**Payment & Enrolment information**  
**In Person** At Yarraville Community Centre, 114 Blackwood St Yarraville Monday to Thursday 9-5pm Fridays 9-4pm  
**By Phone** 9687 1560 or 9315 1887 credit cards only  
**By Fax** 9687 1166 First phone to book. We will hold your place for 3 working days. Fax your credit card details on a completed enrolment form.  
**By Post** Fill in and then post completed enrolment form & payment to Yarraville Community Centre: PO Box 215 Yarraville 3013 Cheque or Credit Card payment only

**General Information**  
1.Bookings can only be confirmed when payment has been made.  
2.Refunds & Transfers will only be considered when a written request is received 10 days prior to class commencement. An admin fee of \$10 will apply. No refunds will be given once class has commenced.  
3.Classes cancelled by the Centre will be given a full refund.  
4.Payment by mail: your receipt will be available at the first session of the course, if a stamped self-addressed envelope is enclosed a receipt will be forwarded.  
5.This organisation respects your rights to information privacy. Information which we collect and hold on learners is kept in accordance with information privacy laws. Please contact us if you would like any further information on privacy.

**Coming Up In 2008**  
**Setting up a kitchen garden**  
**Using permaculture techniques**  
**Gentle exercise for older adults**  
**Parenting classes**  
**Massage**  
**Myotherapy**  
**Dragon Gate Chi Gong**

**COMPUTER CLASSES**  
**Make the most of our Free Internet Access!** Yarraville Community Centre has received Z i b X ] b [ ` h \ f c i [ \ ` h \ Y ` G h U h Y ` ; c j Y f b a Y b h Ð g ` D i V ` ] W ` = b h  
free Internet access. Bookings are not essential and there is a nominal fee for printing.

**BEGINNING COMPUTERS**  
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great introduction to the basics.

**Introduction to Computers**  
Monday 21 April 10.00am-12.00pm 8 sessions Cost \$70  
Thursday 17 April 6.00pm-8.00pm 8 sessions Cost \$150 con \$130  
A course designed for complete beginners. After eight weeks you will be confident and enjoying producing your own documents and using the Internet.  
No prior experience needed.

**Introduction to Computers for the Over 45's**  
Thursday 17 April 9.30am-11.30pm 8 sessions  
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computer. Learn to work in Windows and to write, edit and format letters and documents.  
Cost \$70

**INTRODUCTION COURSES**  
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common computer programs.

**Word, Windows and the Internet**  
Thursday 17 April 10.00am-12.00pm 8 sessions  
This course is intended for people who wish to learn the basic skills involved in using a computer, Microsoft Word and the Internet.  
Cost \$70

**Introduction to Word Processing and Formatting**  
Monday 21 April 6.00pm-8:00pm 8 sessions  
Gain one unit BSBCM N 213A Produce Simple Word-Processed Documents, from Certificate 11 in Business (BSB20101) under the Business Services Training Package (BSB01).  
\* Course outline is available on [www.ycc.net.au](http://www.ycc.net.au) or will be mailed out.  
Cost \$70

**Introduction to Excel**  
Wednesday 16 April 6.00pm-8.00pm 8 sessions  
Gain one unit BSBCM N 214A Create and use simple spreadsheets, from Certificate 11 in Business (BSB20101) under the Business Services Training Package (BSB01)  
\* Course outline is available on [www.ycc.net.au](http://www.ycc.net.au) or will be mailed out.  
Cost \$70

**Introduction to Flash**  
Wednesday 23 April 1:00pm-3:00pm 8 sessions  
This course is for people new to Flash that want to use it to build rich media applications that effectively use animation, sound and video.  
Cost \$145 con \$128

**Manual Bookkeeping**  
Bookkeeping Introduction  
Wednesday 16 April 6:00pm-9:00pm 8 sessions  
This 8-weeks course covers an introduction to the element of accounting and the accounting equation, common financial records, such as cash journals, credit journals, posting entries into the general ledger in double entry and extracting a trial balance. The unit is from Certificate 111 in Business Administration, BSBADM310A. It is also a very useful introduction to anyone waiting to learn MYOB for computers. Bring your own calculator.

\* Course outline is available on [www.ycc.net.au](http://www.ycc.net.au) or will be mailed out.  
\*\*Requires workbook, available for \$40 from YCC.  
Cost \$70\*\*

**MYOB version 17**  
Thursday 24 April 6.00pm-9.00pm 8 sessions Cost \$221 con \$197  
Wednesday 14 May 9.15am-12.15pm Cost \$70  
This course aims to provide you with the skills and knowledge to use the payroll features of MYOB. You will learn how to set up your payroll, how to customise payroll categories, process pays, and reconcile your payroll each period through to end-of-year activities and manage entitlements. Bookkeeping experience and familiarity with computers is essential.

**QuickBooks**  
Tuesday 22 April 6:00pm-9:00pm 8 sessions  
If you are thinking about starting your own bookkeeping business with QuickBooks or just wanting to increase your overall knowledge in QuickBooks, this course is for you!  
Cost \$70

**INTERMEDIATE COURSES**  
Intermediate courses are for users who are confident using a computer and who have basic software package skills, and who wish to enhance these skills.

**Photoshop**  
Monday 14 April 6.00pm-8.00pm 8 sessions  
Gain a good practical knowledge of the basics of the computer program most widely i g Y X ` V m ` [ f U d \ ] W ` X Y g ] [ b Y f g ` h c ` a U b h m i Y Ū h Y á U Y X g h ` b  
familiar with the powerful tools and features of Photoshop; learn to manipulate photographs and more. Participants must be confident with file management on a PC.  
Cost \$70

**ADVANCED COURSES**  
Advanced courses are for people with previous experience of a range of computer software and who are very confident using a PC.

**Advanced Photoshop**  
Wednesday 16 April 6:00pm-8:00pm 8 sessions  
Take your Photoshop skills, digital images and creativity to the next level! Challenge yourself and take the plunge into the realm of advanced photographic topics that are presented in an easy to understand, creative and fun learning environment!  
Cost \$135 con \$125

**SHORT COURSES**  
For people confident in using a computer and packages like word processing, these short courses give you a chance to explore a range of software programs that will enhance your PC skills.

**PC & Internet Skills**  
Tuesday 3 June 6.00pm-8.30pm 2 sessions  
This 2 day course is intended for people who wish to learn the skills involved in using a computer, email and the Internet. Suitable for those who are new to computers or seeking to refresh their skills for enjoyment/employment.  
Cost \$45 con \$40

**Publisher**  
Saturday 24 May 10:00am-3:00pm 1 session  
Publisher is great as a stand-alone desktop publishing package; users of Microsoft Office software will appreciate its ability to import text and graphics from Office programs. Learn the art of desktop publishing as you learn how to use this ingenious program.  
Cost \$45 con \$40

**Protect your PC**  
Saturday 14 June 10:00am-12:00pm 1 session  
You probably wouldn't let a stranger look through your important documents. In the same way, you may want to keep the tasks you perform on your computer confidential, whether it's tracking your investments online banking or sending emails. This workshop will inform you about the most common methods used by electronic intruders to gain control of home computers and actions that you can take to protect your computer system.  
Cost \$20 con \$18

**Rooms for Hire**  
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available for casual or on going bookings. Our rates are very reasonable and even lower if you are a non-profit community organisation. Phone 9687 1560 or email us at [yarracc@ycc.net.au](mailto:yarracc@ycc.net.au) for more information.

If you are interested in teaching at the centre or would like us to offer other courses, phone 9687 1560 or email us at [yarracc@ycc.net.au](mailto:yarracc@ycc.net.au)

**Occasional Childcare**  
Monday, Wednesday, Thursday & Friday 9.15am - 2.15pm  
Wednesday 9.15am - 12.15pm  
Three Year Old Activity Group Tuesday and Wednesday 1.00pm - 3.30pm  
Ring 9687 1560 for information and bookings

For information on Playgroups ring the Centre on 9687 1560

Acknowledgments The City of Maribyrnong Adult, Community and Further Education, Department of Science, Education and Training, DPT of Planning and Community Development, Victorian Multicultural Commission, State Government of Victoria, Human Services